

# THE PERMISSION PROJECT™

Created 4/20/23

## **Elizabeth Janowski**

Movement Teacher, Immersive Artist, Photographer

[www.permissionary.com](http://www.permissionary.com)

## **Educational Background**

The University of Colorado, Boulder, 2000

*BA, Summa Cum Laude, Honors College*

Humanities and Art History

New York University, 2002

*MPS, Tisch School of the Arts, Multiple Scholarship Winner*

Interactive Art

The University of Colorado, 2007

*MA, Graduate Representative, Multiple Scholarship Winner*

Mass Communications

## **Selected Trainings**

S Factor, Basic and Advanced Teacher Training, 2019 and 2020

Shamanic Practitioner Training, 2016

Leadership Coaching for Educators Training, 2011

Yoga and Restorative Yoga Teacher Training, 2009 and 2011

## **Selected Work Experience**

**High School Teacher**, Emery Weiner School and Mullen High School, 2008-2010

*Subjects Taught: World History, World Geography, Yoga, Speech and Communication*

**Staff Training Coordinator and Teacher Training Coordinator**, Denver Zoo, 2010-2012

**Adjunct Instructor**, University of Colorado, University of St. Thomas, University of Houston, Houston Community College, Red Rocks Community College, Front Range Community College, 2003-2014

*Subjects Taught: Public Speaking, Business Communication, The History of the Media, among others*

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## **Vice President and CEO, Sonata Aesthetics, 2012-ongoing**

Grew business gross revenue by 500% and net revenue 630% over the course of 10 years and was able to consistently maintain those gains, as well as manage a staff of 10, oversee marketing, build out of a space, spearhead all strategic planning, and oversee day to day operations. Helped guide Physician Medical Director in becoming ranked one of the top 20 physician injectors in the United States for 7 years running.

## **Self Employed Artist, 2018-ongoing**

Film Photography and short films, portraiture, art direction and modeling in shoots I curate  
Self directed conceptual work. I also paint and collage.

## **Movement teaching, 2019- ongoing**

I teach a movement practice focused on self exploration and emotion led free expression and soul-led expansion. All ideas and topical explorations are self generated. I weave in mythology, psychology, and artistic concepts to create stories and themes for inquiry and play. I offer my students feedback and intuitive guidance.

## **Immersive Artist, 2020-ongoing**

I create transformative environments and immersive metaphoric experiences that use sight, sound, photography, artistic creations, food experiences, music and spoken word original poetry and movement suggestions to explore themselves. I like to say I create transformative experiences of beauty. Most of these experiences are temporal and ephemeral and activated only when people enter the space, as the artworks themselves are meant to be “living art pieces”.

## ***Native English Speaker***

***Spanish Language: Moderate Proficiency, with many study abroad courses, spanish language immersions and time spent in Mexico***